

# Train the Trainers Program for Group Facilitators

Foundations for Attachments Groupwork Program (FA) and Nurturing Attachments Training Resource (NA)

**April 22 - 26, 2024**

8:30 am - 12:30 pm EST

1:30 pm - 5:30 pm BST

**Facilitators:**

Kim S Golding and Betty J. B. Brouwer

**Virtual via Zoom**

**Fee: \$875** early bird

**\$925** after March 15

Space is available for

14 participants

Register Early!



This train the trainers programme provides participants with Dyadic Developmental Psychotherapy (DDP) informed training that will equip them to deliver the Foundations for Attachment (FA) and the Nurturing Attachments (NA) group work program with parents and carers parenting children who have experienced developmental trauma, including adoptive, foster, kinship, residential and respite carers.

## Aim:

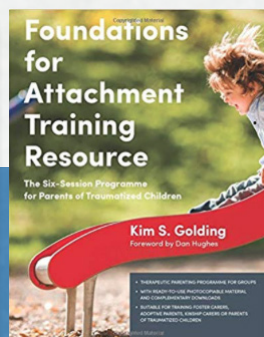
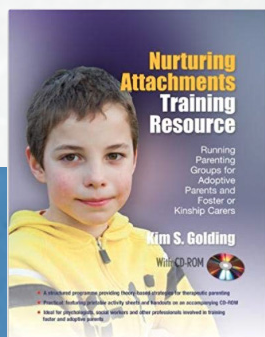
This training will provide participants with a good understanding of the FA and NA program and will prepare them for delivering and using these programs within parenting groups. The training will include an opportunity to deliver parts of the program within a role play set up as a group.

## Prerequisites

Participants need to have completed DDP Level One training and the completion of Level Two DDP is recommended.

Participants should be familiar with at least one of the resources published by Jessica Kingsley Publishers and have it available during the training:

- Golding, K. S. (2013) Nurturing Attachments Training Resource
- Golding, K. S. (2017) Foundations for Attachments.



## Objectives:

1. To be familiar with FA and NA.
2. To be familiar with the foundation and House Models of Parenting.
3. To have a thorough understanding of the DDP informed group work process which underpins the delivery of the group.
4. To be confident developing mind-minded narratives and helping others to develop these.
5. To be confident responding with PACE through responding to group members and via role play and in helping others to develop the attitude of PACE in their parenting.

**Kim Golding** CBE, is a Clinical Psychologist working in Worcestershire, England. Kim provides consultation, supervision and training to practitioners, teams and agencies within the UK and around the world.



Kim is co-author alongside Dan Hughes and Julie Hudson of 'Healing Relational Trauma with Attachment-focused interventions, published in 2019.

**Betty Brouwer** has more than 25 years of clinical experience working with children, adolescents and their families who have experienced trauma and loss in their lives.



Betty is past chair of the DDPI board. Betty is a registered psychotherapist, art therapist and play therapist.

To register call 866.347.0041  
or visit:  
[www.shalemnetwork.org/events](http://www.shalemnetwork.org/events)