

# Train the Trainers Programme for Group Facilitators

Foundation for Attachment (FfA) and Nurturing Attachments (NA)  
Group Work Programmes

22<sup>nd</sup>, 23<sup>rd</sup>, 26<sup>th</sup>, 27<sup>th</sup> and 28<sup>th</sup> June 2023

1.30 to 5.30pm (British Summer Time)

8.30am to 12.30pm (Eastern Standard Time)

Facilitators: Kim S Golding and Betty Brouwer

## Virtual via Zoom

Fee: £650 (early bird)

£750 from 1<sup>st</sup> April 2023

Space is available for 14 participants

To register

Contact: [chris@kimsgolding.co.uk](mailto:chris@kimsgolding.co.uk)

This train the trainers programme provides participants with Dyadic Developmental Psychotherapy (DDP) informed training that will equip them to deliver the Foundations for Attachment (FfA) and the Nurturing Attachments (NA) group work programmes with parents and carers parenting children who have experienced developmental trauma, including adoptive, foster, kinship, residential and respite carers.

### Aim:

This training will provide participants with a good understanding of the FfA and NA programmes and will prepare them for delivering and using these programmes within parenting groups. The training will include an opportunity to deliver parts of the programme experientially with fellow delegates.

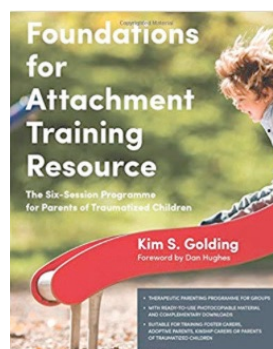
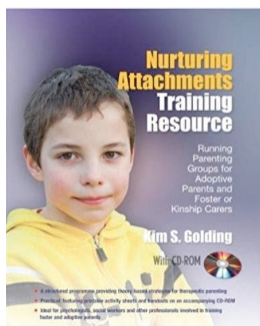
### Prerequisites:

Participants will have completed DDP level one training and the completion of DDP Level Two is recommended.

Participants should be familiar with at least one of the resources published by Jessica Kingsley Publishers and have it available during the training.

Golding, K. S. (2013) Nurturing Attachments Training Resource

Golding, K. S. (2017) Foundations for Attachments



### Objectives:

1. To be familiar with FfA and NA.
2. To be familiar with the Foundation and House Models of Parenting.
3. To have a thorough understanding of the DDP-informed group work process which underpins delivery of the group.
4. To be confident developing mind-minded narratives and helping others to develop these.
5. To be confident modelling PACE through responding to group members and via role play and in helping others to develop the attitude of PACE in their parenting.

**Kim S Golding, CBE**, is a Clinical Psychologist working in Worcestershire, England. Kim provides consultation, supervision and training to practitioners, teams and agencies within the UK and around the world.



Kim is co-author alongside Dan Hughes and Julie Hudson of 'Healing Relational Trauma with Attachment-focused interventions', published in 2019.

**Betty Brouwer** has more than 25 years of clinical experience working with children, adolescents and their families who have experienced trauma and loss in their lives. Betty is a certified DDP practitioner, consultant and trainer.



Betty is past chair of the DDPI board. Betty is a psychotherapist, art therapist and play therapist.