

# Attachment, Trauma and Psychotherapy:

Neural Integration as a Pathway to Resilience and Well-Being

**TUESDAY, MAY 26, 2020**

9:00 am - 4:30 pm

LIUNA Station

360 James Street North

Hamilton, ON

**IN THIS FULL-DAY WORKSHOP,  
PARTICIPANTS WILL LEARN ABOUT:**

- an Interpersonal Neurobiology approach to understanding, evaluating, and treating individuals who have experienced developmental trauma.
- How abuse and neglect early in life impact the embodied brain, relationships, and the mind
- Treatment approaches which build on the widely supported finding that integration is the basis of health and is compromised with a developmental attachment, introducing steps to healing trauma.

## Dr. Dan Siegel, MD

Best Selling Author and Researcher

**TOPICS TO BE COVERED WILL INCLUDE:**

- attachment
- developmental neuroscience
- epigenetics
- consciousness and the power of the mind to transform the structure and function of the brain
- the day will end with a Question and Answer Period moderated by Dr. Jean Clinton, one of Canada's most respected child psychiatrists and friend of Shalem.

**WHO SHOULD ATTEND:**

The day is designed to equip the wide array of mental health professionals, medical teams and workers supporting children, youth and adults dealing with trauma and attachment. While built to be a day for professional development, parents and caregivers or members of the community seeking insight into these issues are welcome to attend.



Early Bird Rate: \$280, register before April 15

Regular Rate: \$325

Register online at

[WWW.SHALEMNETWORK.ORG/EVENTS/DRDANSIEGEL](http://WWW.SHALEMNETWORK.ORG/EVENTS/DRDANSIEGEL)