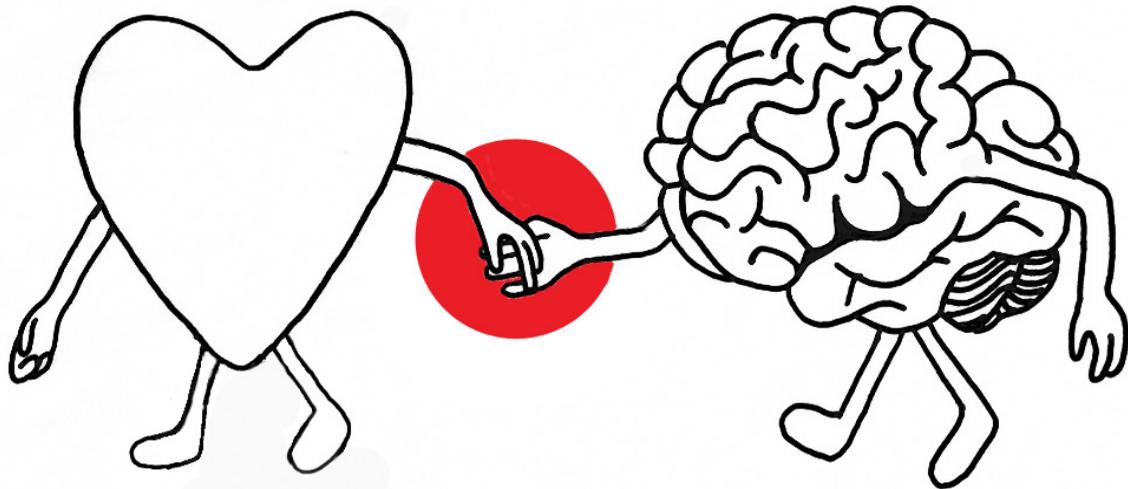


Recovery *through* Relationship

ATTACHMENT, TRAUMA, AND THE BRAIN



NOVEMBER 28 & 29, 2016

LOCATION

Michelangelo's Conference Centre
1555 Upper Ottawa Street, Hamilton, ON

TIME

9:00 am - 4:30 pm

COST

\$300 before September 30
\$350 after September 30
includes lunch and refreshments

Local accommodations are available at a reduced rate, please contact our office for more details.

WHO SHOULD ATTEND?

Couple therapists: learn the interplay of trauma and negative patterns, and effective interventions to create change.

Child and family therapists: learn about the impact of broken attachment and trauma on family relationships and neurobiological development, and learn effective interventions to build secure attachments.

Therapists working with individuals: learn how client attachment history impacts current relationships, growth and healing.

Join us for two exciting days with two leading experts in the field of attachment and trauma recovery. Dr. Sue Johnson and Dr. Janina Fisher will draw connections between attachment, trauma, and the newest insights into the neurobiology of relationships, with a focus on effective clinical interventions.

INTIMATE & INTERACTIVE!

Join our 'Fireside Chat', moderated by Dr. Jean Clinton, Child Psychiatrist. Both presenters will speak into the other's models throughout the training and will address your questions.



Dr. Sue Johnson



Dr. Janina Fisher



shalem
Mental Health Network

REGISTER TODAY! SPACE IS LIMITED

866.347.0041

ONLINE REGISTRATION

WWW.SHALEMNETWORK.ORG/WORKSHOP/ATTACHMENTCONFERENCE

**REGISTER EARLY,
SPACE IS LIMITED!**

866.347.0041

905.528.0353

office@shalemnetwork.org

Workshop Objectives

Participants will:

- learn the core features of attachment and how they challenge other approaches to dealing with trauma and conflict.
- learn how Emotionally Focused Therapy, both with couples and families, creates positive change for situations involving trauma.
- become more familiar with the newest advances in the neurobiological effects of traumatic experience on individuals, couples and families.
- learn interventions to equip individuals, couples and families to understand, identify, and manage trauma symptoms in the context of attachment.
- describe the interaction of traumatic activation and negative relationship patterns.
- increase an individual, couple or family's ability to observe their somatic communication.
- learn about the hope that attachment research is bringing to the evolving field of psychotherapy.

Feedback from participants at Shalem's attachment conference in 2014:

- *Fantastic! Engaging presentations! I appreciate that we were provided with tools and interventions to use what we learned.*
- *Excellent speakers with relevant information!*
- *Best training I've attended!*
- *The most engaging aspect of the conference was when presenters commented on each other's work - Brilliant!*

DR. SUE JOHNSON is Director of the **International Center for Excellence in Emotionally Focused Therapy** and Distinguished Research Professor at Alliant University in San Diego, California as well as Professor of Clinical Psychology at the University of Ottawa, Canada. She has received numerous honours for her work, including the Outstanding Contribution to the Field of Couple and Family Therapy Award from the American Association for Marriage and Family Therapy and the Research in Family Therapy Award from the American Family Therapy Academy. She is a Fellow of the American Psychological Association.



Dr. Johnson's best known professional books include, *Hold Me Tight* (2008), *Love Sense* (2014), *The Practice of Emotionally Focused Couple Therapy: Creating Connection* (2004), *Emotionally Focused Couple Therapy with Trauma Survivors* (2002)

DR. JANINA FISHER is a licensed Clinical Psychologist and Instructor at the **Trauma Center**, an outpatient clinic and research center founded by Bessel van der Kolk. Known for her expertise as both a therapist and consultant, she is also past president of the New England Society for the Treatment of Trauma and Dissociation, an EMDR International Association Credit Provider, a faculty member of the Sensorimotor Psychotherapy Institute, and a former Instructor, Harvard Medical School. Dr. Fisher lectures and teaches nationally and internationally on topics related to the integration of research and treatment and how to introduce these newer trauma treatment paradigms in traditional therapeutic approaches.



Dr. Fisher co-authored with Pat Ogden: *Sensorimotor Psychotherapy: Interventions for Trauma and Attachment* (2015), and her new, soon to be released book, *Healing the Fragmented Selves of Trauma Survivors: Overcoming Internal Self-Alienation* (2016).

DR. JEAN CLINTON will moderate the panel discussion and dialogue between Dr. Johnson and Dr. Fisher. Dr. Jean Clinton is a Clinical Professor in the **Department of Psychiatry and Behavioural Neurosciences at McMaster University**, division of Child Psychiatry. She is on staff at McMaster Children's Hospital and an Associate in the Department of Family Medicine at McMaster. She has been a consultant to child welfare and children's mental health programs for 30 years.



Dr. Clinton has authored papers on early child development and poverty, infant neglect, children's mental health, resilience, and on adolescent brain development.