

JUST SAY *Know*:

An Introduction to Drugs for Counsellors

October 7, 2014

9:00 am - 4:00 pm

First Hamilton Christian Reformed Church
181 Charlton Avenue West, Hamilton, ON

This interactive one-day workshop provides a base of technical drug information for those in the helping profession who do not have a background in biology and whose work would benefit from a basic understanding of psychoactive drugs and how and why they produce the behaviours they do. Topics covered include the basic principles of pharmacology and an introduction to the basic drug groups, depressants, including opioids, stimulants, hallucinogens and psychotherapeutic agents.

Cost: **\$150** before September 15, 2014
\$175 after September 15, 2014

Registration fee includes lunch and refreshments



Rick Csiernik

Join our engaging facilitator, Rick Csiernik, from the School of Social Work, King's University College at Western University. Rick has written and edited eight books, including *Substance Use and Abuse: Everything Matters* and *Responding to the Oppression of Addiction*, authored over 125 peer reviewed articles and book chapters and has been an invited presenter to 200 national and international conferences, workshops and seminars. Rick has been on the King's University College Honor Role of teaching fourteen consecutive times, has taught in the McMaster University Addiction Studies Program for 27 years and was the inaugural recipient of the McMaster University Instructor Appreciation award. Rick is the co-author of three professional journal essays about Shalem's Congregational Assistance Plan Program.

For more information and to register, please visit
www.shalemnetwork.org
or call 905.528.0353 or 866.347.0041



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Mental Health Network