

Solution-Focused Therapy: Working with Varied Clients and Settings

Thursday, May 15, 2014

Workshop led by

Susan Winter Fledderus, M.Ed., RMFT, R.S.W., CSFT

First Hamilton CRC
181 Charlton Avenue West,
Hamilton, ON L8P 2C9

9:00 am - 4:00 pm
Lunch and refreshments included
Registration begins at 8:30 am

Going beyond the basics, this workshop seeks to deepen your knowledge and use of the Solution-Focused model of therapy. We will explore how to more fully integrate the assumptions and interventions into work with various clinical populations, including teens, “difficult” clients and those who have experienced trauma. We will explore how the Solution-Focused model can be applied beyond the typical clinical context, including in very brief encounters with clients, students or others.

Learning Objectives:

Participants will learn:

- How to further apply the solution-focused model with various clinical populations
- How to use the model to work with difficult clients
- How to adapt the model to situations outside a clinical context



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Workshop Outline:

9:00 – 10:15	Reflecting on Solution-Focused Practice: noticing what’s already working, as well as growing edges
10:30 – 12:00	Working with various clinical populations and “difficult” clients
12:00 – 1:00	Lunch (provided) and networking time
1:00 – 2:15	Solution-Focused therapy with those who experienced trauma
2:30 – 4:00	Beyond the office walls: very brief conversations

Appropriate for counsellors, social workers, and couple and family therapists who want to increase their skill in applying the Solution-Focused model in their clinical practice.

This training is part two of a two-part training, the first of which was held in the Fall of 2013. These two days of training can be used together in place of one of the modules in the University of Toronto’s Certificate program in Solution-Focused Counselling.

Susan Winter Fledderus is a Clinical Therapist and with Shalem Mental Health Network. She has more than 15 years of experience in the field of marriage and family therapy, with extensive experience in working with individuals, couples and families.



Susan is a registered marriage and family therapist (RMFT) as well as an Approved Supervisor with the American and Ontario Associations of Marriage and Family Therapy (AAMFT and OAMFT). She is also a registered social worker with the Ontario College of Social Worker and Social Service Workers (OCSWSSW). She is also a Certified Solution-Focused Therapist (CSFT) and Approved Supervisor with the Canadian Council of Professional Certification. Susan trains therapists and social workers in Solution-Focused Therapy through the University of Toronto Faculty of Social Work Continuing Education program.

Early Registration Rate: \$110 before April 15
\$125 after April 15

For more information and to register:

call 866-347-0041 or

email office@shalemnetwork.org

To register online visit:

solutionfocusedtraining.shalemnetwork.org