

THE SHALEM MENTAL HEALTH NETWORK  
invites you to a special conference:

# Attachment - CRADLE to GRAVE

Intimate and interactive conversations with Dr. Sue Johnson and Dr. Dan Hughes

**March 3 and 4, 2014**

**LOCATION**

Carmen's Banquet Centre  
1520 Stone Church Road East  
Hamilton, ON L8W 3P9

**COST**

\$250 before February 1  
\$300 after February 1  
including continental breakfast and lunch

**TIME**

9:00 am - 4:30 pm

**REGISTER TODAY:**

**866.347.0041**

**[WWW.ATTACHMENTCONFERENCE.SHALEMNETWORK.ORG](http://WWW.ATTACHMENTCONFERENCE.SHALEMNETWORK.ORG)**

Local accommodations are available at a reduced rate, please contact our office for more details.

Join us for two exciting days of learning about *Emotionally Focused Couple Therapy (EFCT)* and *Dyadic Development Psychotherapy (DDP)*, including two panel discussions led by Dr. Jean Clinton. Come and hear both presenters speak into each other's model.

**FOR COUPLE THERAPISTS:** Learn more about attachment in the role of parenting in your work with couples.

**FOR CHILD THERAPISTS:** Learn more about how to support the parents' relationship as you work with the family.



Dr. Sue Johnson



Dr. Dan Hughes



**shalem**

Mental Health Network  
Celebrating 50 Years

## Workshop Objectives

### Participants will

- Understand the phenomenon of marital and family distress from an attachment perspective
- Receive an overview of EFCT and DDP, from the theoretical framework to the interventions used
- Hear interaction between the two models, crossing the life span
- With EFCT, understand couple conflict through an attachment lens, identify interventions to help couples reprocess negative affect and restructure negative cycles, create change events that foster a secure bond, and deal with impasses in therapy
- With DDP, learn how to create safety for the child, co-create their narrative, and co-regulate emotions to begin addressing and resolving traumatic experiences, helping the child become more open to caring relationships
- Engage in case examples
- Learn how to advocate for attachment and healthy bonds in the lives of clients

Dr. Sue Johnson's new book: "Love Sense – the Revolutionary New Science of Romantic Relationships" and Dr. Dan Hughes' new book: "8 Keys to Building Your Best Relationships" will be available for purchase from Caversham booksellers at this event.

**Register Early, Space is Limited!**

**866.347.0041**  
office@shalemnetwork.org

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**DR. SUE JOHNSON** is Director of the **International Center for Excellence in Emotionally Focused Therapy** and Distinguished Research Professor at Alliant University in San Diego, California as well as Professor of Clinical Psychology at the University of Ottawa, Canada.

She has received numerous honours for her work, including the Outstanding Contribution to the Field of Couple and Family Therapy Award from the American Association for Marriage and Family Therapy and the Research in Family Therapy Award from the American Family Therapy Academy. She is a Fellow of the American Psychological Association.

Dr. Johnson's best known professional books include, *Hold Me Tight* (2008), *The Practice of Emotionally Focused Couple Therapy: Creating Connection* (2004), *Emotionally Focused Couple Therapy with Trauma Survivors* (2002)



**DR. DAN HUGHES** is a member of the Association for Treatment and Training in the Attachment of Children (ATTACH). Dan is the Director of the **Dyadic Developmental Psychotherapy Institute**.

He consults with various mental health, social service and residential treatment programs throughout the United States and other countries. A gifted presenter, Dan offers trainings for parents and therapists while maintaining a small practice in Annville, Pennsylvania.

Dr. Hughes is the author of: *Building the Bonds of Attachment* (1998/2006), *Attachment - Focused Family Therapy* (2007), *Attachment - Focused Parenting* (2009), *Brain-Based Parenting* (with Jonathan Baylin, 2012)



**DR. JEAN CLINTON** is an Associate Clinical Professor, **Department of Psychiatry and Behavioural Neurosciences at McMaster University**, division of Child Psychiatry. She is on staff at McMaster Children's Hospital and an Associate in the Department of Family Medicine at McMaster. She has been a consultant to child welfare and children's mental health programs for 25 years.

Dr. Clinton has authored papers on early child development and poverty, infant neglect, children's mental health, resilience, and on adolescent brain development.

